

The 411 Volunteers

Keeping you informed on news & events as they relate to 411 volunteers



The months of June, July and August are packed full of events celebrating special occasions. Everyone is welcome to attend each event.

Alternately, if you have some spare time, why not come out and give a hand for a few hours? If you have any questions, please contact Carrie at 604-684-8171 or by email at cbelanger@411seniors.bc.ca

Open House Wednesday, June 21st 10:00 am ~ 1:00 pm

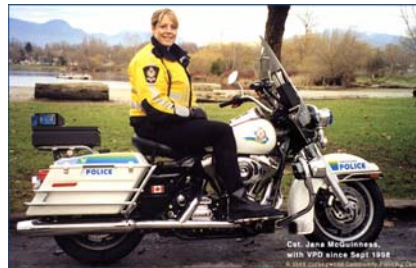
Did you know that 411 has a Radio Show that plays on Co-op Radio (102.7FM) every Thursday at 2:00 pm? How about the Mahjong and Bridge classes? You must know about 411's free computer lab? If not, or you would like to know more, join us for our annual Open House! Everyone is welcome for a morning full of special activities, entertainment, and refreshments.

Special Highlight:
Pedestrian Safety for Seniors
We are happy to welcome Jana

Special Celebrations ~ all summer long!

McGuinness, an 8-year veteran more!

of the Vancouver Police Dept. Currently a member of the Vancouver Police Motorcycle Drill Team, Constable McGuinness brings her first-hand experience and knowledge of pedestrian safety in hopes of preventing future road



accidents involving seniors.

Constable McGuinness

Volunteers are needed to greet, serve coffee, direct traffic and make 411 open and welcoming!

Celebrating Multicultural Elders Saturday, July 29th 11:00 am ~ 3:00 pm

Bring the kids to this community-wide event celebrating multicultural elders.

Taking place in Cathedral Park (next door to the 411), volunteers are needed paint faces, greet the public and



Pride Parade 2005

Pride Parade 2006 "Pride & Joy" Sunday, August 6th

The 411 Seniors Centre Society will proudly walk again in this year's Vancouver Pride Parade. Please join us as we walk to affirm 411's support and PRIDE in our lesbian, gay, trans and bi (LGTB) members/volunteers, and LGTB folk of all ages.

The theme is "Pride & Joy". Participants are encouraged to dress up to reflect what this theme means to you. We would love to hear your ideas to organize a group theme.

If you would like to participate but don't feel you can walk the distance, don't despair! An alternative mode of transportation may be available.

Please see Carrie for details.

Celebrating our fashionable volunteers

On Tuesday, April 25th the 411 Seniors Centre celebrated National Volunteer Week in a very special way: with a Fashion Show! 411 Volunteers walked the catwalk strutting ensembles they had created right from our very own Thrift Store.



Patty Grah, Thrift Store



Gordon Wang, Choices



Eilleen O'Byrne, Book Store

Lunch Vouchers

As part of our volunteer program, the 411 provides two vouchers to volunteers who work 2 or more hours each shift: a lunch voucher and a coffee voucher. We realize that lately there has been some confusion over the volunteer lunch voucher program. Please read over the following points that hopefully will clarify any questions:

1. Lunch/coffee vouchers can only be used on the date of issue – the day on which you are volunteering.
2. Lunch/coffee vouchers can only be used by the person to whom it is issued – you cannot give it to someone else.
3. Lunch vouchers are redeemable for food items only – any unused amount on the voucher cannot be used for refreshments. Why not buy a banana or muffin instead?
4. Coffee vouchers are redeemable for beverages only up to the value of \$0.55 – any unused amount on the voucher cannot be used for food items.
5. Lunch/coffee vouchers are valued at member prices; however, the volunteer lunch program does not include any special deals (ie. coffee/tea does NOT come with the lunch special).
6. When redeeming a voucher, you must present it immediately

to the cashier. Please see the appropriate staff or volunteer if you have not yet received it.

The Food Services staff are working hard at following the guidelines set by the Food Services Committee and the Board of Directors. Please do bear with them and feel free to ask questions by contacting either Carrie or Neil. We really appreciate your patience and understanding.

DID YOU KNOW?
 Since 1977, the volunteer lunch voucher program has served meals to over 1000 volunteers. WOW!

This program comes at a significant cost; however, we are proud to continue this great program!

411's Standard of Behaviour

The 411 Seniors Centre is committed to providing a meeting place where everyone is safe and is treated with courtesy, dignity and respect. Behaviour which is discriminatory, violent or threatening, will not be tolerated.

THE 411 SENIORS CENTRE SOCIETY

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